

Healthy Minds/Healthy Children

Online Continuing Professional Development 2016-2017

Courses are accredited & *free* for Professionals in Alberta!

Managing Child and Adolescent Mental Health Issues in a Primary Care Setting. Healthy Minds/Healthy Children (HM/HC) Outreach Service supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents. Our Continuing Professional Development (CPD) program is intended for primary care practitioners who see children and adolescents with mental health problems.

Objectives: 1. To increase the skills and confidence of primary care practitioners to effectively address the mental health needs of their young patients; 2. To promote inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems

Accredited By: This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 32 study credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by Continuing Medical Education and Professional Development, University of Calgary.

These courses are also accredited by the Alberta College of Social Workers and the Canadian Counselling and Psychotherapy Association.

- September:**
1. Family Systems: Single Session Therapy
 2. Training Brains to be Happier
- October:**
3. Child Development Series (CDS), Part 2: Motor Development
 4. Art Therapy: Colouring Outside the Lines
- November:**
5. Child Development Series (CDS), Part 3: Language and Communication
 6. Supporting Diverse Sexual and Gender Identities
- January:**
7. Child Development Series (CDS), Part 4: Cognitive Development
 8. Reprise- Self-Harm Parts I and II
- February:**
9. Child Development Series (CDS), Part 5: Social/Emotional Development
 10. Effective Strategies for Working with Children and Adolescents on the Autism Spectrum
- March:**
11. Child Development Series (CDS), Part 6: Summary and Discussion
 12. Refugee Children and Mental Health: First Steps for Professionals
- April:**
13. ACES and Resiliency: Two Sides of the Same Coin
 14. Pediatric Obsessive-Compulsive Disorder: Clinical Overview and Approach to Management
- May:**
15. Mindfulness in Schools Applied to Anxiety and Depression
 16. Sleep and Mental Health in Youth

Courses are on a first come, first served basis. For more information, call 403-220-4310, visit www.hmhc.ca, or email hmhc@ahs.ca.

Online registration available at https://survey.albertahealthservices.ca/CPD_Reg



