

Archived Modules

Register at www.hmhc.ca/cpd.html

2016 –2017 Archived Presentations (Available until June 2019)

1. Family Systems: Single Session Therapy
2. Training Brains to be Happier
3. CDS Part 2: Motor Development
4. Art Therapy: Colouring Outside the Lines
5. CDS Part 3: Language and Communication (Avail. Dec 10/16)
6. Supporting Diverse Sexual and Gender Identities (Avail. Dec 10/16)
7. CDS Part 4: Cognitive Development (Avail. Feb 10/17)
8. Reprise - Self Harm Parts I and II (Avail. Feb 10/17)
9. CDS Part 5: Social/Emotional Development (Avail. Mar10/17)
10. Working with Children and Adolescents on the Autism Spectrum (Avail. Mar 10/17)
11. CDS Part 6: Summary and Discussion (Avail. Apr 10/17)
12. Refugee Children and Mental Health (Avail. Apr 10/17)
13. ACES and Resiliency: Two Sides of the Same Coin (Avail. May 10/17)
14. Pediatric Obsessive-Compulsive Disorder (Avail. May 10/17)
15. Mindfulness in Schools Applied to Anxiety and Depression (Avail. Jun 10/17)
16. Sleep and Mental Health in Youth (Avail. Jun 10/17)

2015 – 2016 Archived Presentations (Available until June 2018)

1. School-Based Mental Health: Are the Kids Alright?
2. Anxiety Reprise: Social Anxiety, School Refusal, Interventions with Anxious Youth
3. Mindfulness-Based Therapies
4. FASD Prevention Conversations
5. Self-Harm: Addressing the Big WHYS (Part 1)
6. Self-Harm: Addressing the Big WHYS (Part 2)
7. Fentanyl/Street Oxy
8. Working with Complex Parents and Families
9. Child Development Series Part 1: Introduction to Development and Developmental

10. Personality in Adolescents and Young Adults: A time of (Maladaptive) Change
11. Kinshipshape: Family Systems Work
12. Youth of Parents with Mental Illness
13. Internet Addiction
14. Early Psychosis
15. Topics Panel
16. Cultural Humility

2014 – 2015 Archived Presentations (Available until June 2017)

1. FASD: The Prevention Conversation
2. Interventions with Depressed Youth: Stuff you can start using today
3. Trauma and Adjustment: Loss, Change, and Moving Forward After the Flood
4. Interventions with Anxious Youth: Stuff you can start using today
5. Emotional Regulation: The Growth of Emotion Regulation Skills in Children
6. Cannabis: Myths and Realities
7. Tips for Healthy Living and Robust Mental Health: Maximizing The Mind/Body Connection
8. Parenting Styles, Trends, and Impacts on children's Mental Health
9. What Brain Research is Telling Us About Mental Illness: Overview of New Theories, Evidence
10. Assessing: An Active Part of Creating Change
11. The Push for Perfection
12. Risk and Resiliency During Childhood and Adolescence
13. Mental Health and Addictions in Ethno Cultural Communities
14. DSM-5: PART A and PART B
15. Coaching Parents to Reclaim their Power
16. Cyberbullying

Managing Child and Adolescent Mental Health Issues in a Primary Care Setting. Healthy Minds/Healthy Children (HM/HC) Outreach Service supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents. Our Continuing Professional Development (CPD) program is intended for primary care practitioners who see children and adolescents with mental health problems.

2016-16 and 2016-17 archived curriculum years meet the accreditation criteria of The College of Family Physicians of Canada and has been accredited by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 1 study credit each.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by Continuing Medical Education and Professional Development, University of Calgary.

These courses are also accredited by the Alberta College of Social Workers and the Canadian Counselling and Psychotherapy Association.