

Wildfire Mental Health Resources for Professionals

Information for mental health professionals on how to support children, parents & caregivers prepare, respond and recover from a disaster or emergency including wildfires

Alberta Health Services Wildfire Resources

Wildfire Resources

- **[Help in Tough Times \(Resources for People Affected by Wildfire\)](#)**
- **[Support for Albertans Affected by Wildfire](#)**
- **[Wildfire Health and Wellness Resources \(printable\)](#)**
 - [Helping Your Child or Teen Respond to a Disaster or Emergency](#)
 - [Helping Children and Teens Recover from a Disaster or Traumatic Events](#)
 - [Psychological First Aid After a Disaster](#)
 - [PFA Tutorial](#) (Link on Pamphlet is broken)
 - [Responding to a Disaster or Emergency](#)
 - [Recovery After a Disaster or Emergency](#)
 - [Skills for Psychological Recovery After a Disaster](#)
 - [Skills for Psychological Recovery for Health Professionals](#)

National Child Traumatic Stress Network (NCTSN) www.nctsn.org/

Psychological First Aid (PFA) – Natural Disasters

- **[PFA Field Operations Manual, 2nd Ed](#)**
- **[PFA - Free Mobile App](#)** (Apple and Android)
- **[Recovery After a Wildfire](#)**
 - [Parent Guidelines for Helping Children Impacted by Wildfires](#) (PDF)
 - [Wildfires: Tips for Parents on Media Coverage](#) (PDF)
 - [Help Kids Cope - Free Mobile App for Parents and caregivers](#) (Apple)

NCTSN Learning Centre - Free online training for professionals (CE credits available)

- **[Psychological First Aid & Skills for Psychological Recovery](#)**

Caring for Kids after Trauma Disaster and Death: A Guide for Parents and Professionals, 2nd Ed. (New York University Child Study Centre, 2006)

When Can We Go Home? An Activity Book for Kids Who've Had to Leave Their Homes (Shapiro, L. E., 2005)

**Healthy Minds Healthy Children
Outreach Services**

www.albertahealthservices.ca/info/Page4718.aspx