

Wildfire Mental Health Resources for Professionals

Information for mental health professionals on how to support children, parents & caregivers respond and recover from a disaster or emergency including wildfires

Alberta Health Services www.ahs.ca

Wildfire Resources

- [Help in Tough Times \(Resources for People Affected by Wildfire\)](#)
- [Support for Albertans Affected by Wildfire](#) (printable)
- [Wildfire Health and Wellness Resources](#) (printable)

- **Mental Health Resources Tab**

Responding

- [Responding to a Disaster or Emergency](#)
- [Helping Your Child or Teen Respond to a Disaster or Emergency](#)

Recovery

- [Recovery After a Disaster or Emergency](#)
- [Having Trouble Coping After a Disaster or Emergency Tip Card](#)
- [Helping You Recover and Stay Well After a Disaster or Emergency](#)
- [Helping Children and Teens Recover from a Disaster or Emergency](#)
- [Skills for Psychological Recovery After a Disaster](#)

Responders/Healthcare Professionals

- [Disaster Response Tips for Healthcare Providers](#)
- [Responders Stress and Self-Care During a Disaster or Emergency](#)
- [Psychological First Aid After a Disaster](#) (Note: Link on pamphlet is broken)
 - [PFA Tutorial Mobile App](#) (Apple & Android)
- [Skills for Psychological Recovery After a Disaster for Professionals](#)

Government of Canada

- [Impacts on First Nation Communities](#)
- [Mental Health Support for First Nations](#)

**Healthy Minds Healthy Children
Outreach Services**

www.albertahealthservices.ca/info/Page4718.aspx

National Child Traumatic Stress Network (NCTSN)* www.nctsn.org/

- [Psychological First Aid \(PFA\) – Natural Disasters](#)
 - [PFA Field Operations Manual, 2nd Ed](#)
 - [PFA - Free Mobile App](#) (Apple and Android)
 - [Recovery After a Wildfire](#)

[NCTSN Learning Centre](#)* - Free online training for professionals (CE credits available)

- [Psychological First Aid & Skills for Psychological Recovery](#)

[Caring for Kids after Trauma Disaster and Death: A Guide for Parents and Professionals, 2nd Ed.](#)* (New York University Child Study Center, 2006)

[When Can We Go Home? An Activity Book for Kids Who've Had to Leave Their Homes](#)* (Shapiro, L. E., 2005)

* **Note:** These materials are for information purposes only. They are from American sources and thus the systems and approaches in which they are used may differ from what Alberta and Canada have in place.