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Mental Health Online Resources for Educators

Fall 2018



October \$Free

Cannabis: Legislation 2018 (Gr. 4-12)

October 17, 2018 is here! This **5 minute** module introduces you to cannabis legislation related to both the Federal and Alberta Governments, concluding with a summary of how you may talk with your students about its legalization and its implications.

ACCESS MODULES AT HMHC.CA/MORE.HTML

November \$Free

Seeing Through the Vape (Gr. 4-12)

Vape, e-cigarettes and students! This **26 minute** module is designed to provide educators information about e-cigarettes, health risks and concerns; legislation and a sample of how to talk to students about e-cigarettes.

We provide strategies to:

- **Identify and refer** students in need of mental health resources
- **Support** students with mental health issues
- **Create** positive school environments

MORE offers teachers and school staff **FREE** online **professional development** in **child & adolescent addiction** and **mental health.**

Healthy Minds Healthy Children Outreach Services

Child and Adolescent Addiction, Mental Health, and Psychiatry Program

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