

Healthy Minds/Healthy Children

Online Continuing Professional Development

Archived Presentations Registration Form

2015 - 2016

Please complete the following form with all requested information. If you have further questions please contact Sandra Velez email: sandra.velez@albertahealthservices.ca or by phone: 403-220-4310.

First Name _____ Last Name _____

Place of Employment _____

City/Province _____ Urban or Rural (less than 10,000) _____

Email (Required) _____ Degree & License _____

University of Calgary D2L Username (if previously given) _____ Phone Number _____

Profession:

- Social Worker
- Nurse, Specify:
- LPN
- Physician, Specify:
- Psychologist
- Mental Health Therapist, Specify:
- Occupational Therapist
- Counsellor, Specify:
- Pharmacist
- Teacher/Educator, Specify:
- Other, Specify _____

2015 - 2016 Archived Presentations (Please check availability date)

1. School-Based Mental Health: Are the Kids Alright? (Available October 2015)
2. Anxiety Reprise: Social Anxiety, School Refusal, Interventions with Anxious Youth (Available October 2015)
3. Mindfulness-Based Therapies (Available November 2015)
4. FASD Prevention Conversations (Available November 2015)
5. Self-Harm, Part 1 (Available December 2015)
6. Self-Harm, Part 2 (Available December 2015)
7. Fentanyl/Street Oxy (Available February 2016)
8. Working with Complex Parents and Families (Available February 2016)
9. Child Development Series Part 1: Introduction to Development and Developmental Process (Available March 2016)

10. Personality in Adolescents and Young Adults: A Time of (Maladaptive) Change (Available March 2016)
11. Kinshipshape: Family Systems Work (Available April 2016)
12. Youth of Parents with Mental Illness (Available April 2016)
13. Internet Addiction: Social Media, Cyberbullying, Video-Gaming (Available May 2016)
14. Psychosis in Childhood and Adolescence: Principles of Assessment and Intervention (Available May 2016)
15. Selected Topics Panel Discussion: Emotional Literacy, Empathy, Self-Advocacy, and Resiliency (Available June 2016)
16. Cultural Humility: Applications to Intergenerational Trauma (Available June 2016)

2014 – 2015 Archived Presentations (Available until June 2017)

1. FASD: The Prevention Conversation
2. Interventions with Depressed Youth: Stuff you can start using today
3. Trauma and Adjustment: Loss, Change, and Moving Forward After the Flood
4. Interventions with Anxious Youth: Stuff you can start using today
5. Emotional Regulation: The Growth of Emotion Regulation Skills in Children
6. Cannabis: Myths and Realities
7. Tips for Healthy Living and Robust Mental Health: Maximizing The Mind/Body Connection
8. Parenting Styles, Trends, and Impacts on children's Mental Health
9. What Brain Research is Telling Us About Mental Illness: Overview of New Theories,
10. Assessing: An Active Part of Creating Change
11. The Push for Perfection
12. Risk and Resiliency during Childhood and Adolescence
13. Mental Health and Addictions in Ethno Cultural Communities
14. DSM-5: PART A and PART B
15. Coaching Parents to Reclaim their Power
16. Cyberbullying

2013 - 2014 Archived Presentations (Available until June 2016)

1. Working with Non-Compliant Clients: Who Is the One Being Non-Compliant?
2. Assessing and Managing Youth with Mood Disorders: Some Useful Tools of the Trade
3. School Refusal: Anxiety Issues
4. Brain Function: Executive Function
5. Anxiety and CAM Approaches, Part 2
6. What You Need to Know About Brain Development and Mental Illness
7. Emotional Injury and Recovery in Children Exposed to Domestic Violence
8. An Integrative Approach to Complete Health: Exercise
9. School Violence: Crisis Management, Best Practices, Do's and Don'ts
10. An Introduction to the DSM-5
11. Escaping the Past: Threats to New Canadians, Parts 1 & 2
12. Using a Child & Youth Mental Health Toolkit to Support the Identification, Assessment and Treatment of Child and Youth Mental Health Issues
13. DSM-5 and Kids: Understanding DSM 5's Application to Child and Adolescent Mental Health Diagnosis
Part 1. Use of Axis V of DSM-IV TR and The Children's Global Assessment Scale
Part 2. Changes from DSM-IV TR to DSM-5: Implications for work with Children and Youth
14. . Multi- cultural Aspects of Family Violence
15. Impact of Social Media Use on Well-being in Young People
16. Childhood Obesity and Mental Health: Prevention and Early Intervention