

2017-18 Current Courses

Healthy Minds/Healthy Children Continuing Professional Development (CPD) Program
Child & Adolescent Mental Health
100% Online; Accredited
Non-Alberta Residents: \$40 CDN Per Course

September 2017

- Trauma Series, Part 1: Healing the Healer: Understanding Vicarious Trauma, Compassion Fatigue, Rescue Fantasy, and Burnout

October

- Managing Anxiety in the ASD population: Have we been doing it all wrong?
- Child Development Series, Part 7: Atypical Motor Development

November

- Child Development Series, Part 8: Atypical Language and Communication Development
- Perinatal Mental Health Series, Part 1: The Foundations: Mental Health in Pregnancy and the Postpartum Period

January 2018

- Child Development Series, Part 9: Atypical Cognitive-Socioemotional Development: Infancy and Early Childhood
- Trauma Series, Part 2a: Trauma Informed Care: Core Issues, Assessing Impact, and Counselling Framework
- Trauma Series, Part 2b: Trauma Healing: Resourcing, Emotional Regulation, and Post Traumatic Growth
- Perinatal Mental Health Series, Part 2: Treating Mental Health Concerns in Pregnancy and the Postpartum Period

February

- Child Development Series, Part 10: Atypical Cognitive-Socioemotional Development: Childhood and Adolescence
- Marijuana Series, Part 1: Cannabis, Brain Development, and Mental Health

March

- Eating Disorders: Bringing Awareness and Strategies to the Table
- Trauma Series, Part 2c: After Stabilizing & Resourcing Positive States: Managing Trauma Arousal

April

- Medications Update: Prescribing Practice for ADHD, Anxiety, Depression in Children and Youth
- Trauma Series, Part 2d: Trauma Informed Specific Treatment Strategies

May

- The Role of Spirituality in Mental Wellness and Everyday Life
- Marijuana Series, Part 2: Cannabis Legalization in Canada: Implications for Youth Education and Prevention

See Our **Archived** Courses Too!
(Non-Alberta Residents: \$20 CDN Per Course)
<http://hmhc.ca/Archived2015-2016.html>

Register Here!

https://survey.ahs.ca/CPD_Reg