Healthy Minds Healthy Children





2018-2019 Online Courses

| September: | ADHD Identification Supporting Healthy Sexuality with Children and Youth with Diverse Abilities |
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| October: | Truth and Reconciliation Calls to Action: What They Mean for Schools & Health Care Transgender Series: Identify Gender Dysphoria in Children and Adolescents, Part A |
| November: | 5. Transgender Series: Assisting Transgender Children & Youth: Building Conceptual Frameworks for Affirming Care 6. Transgender Series: Identify Gender Dysphoria in Children and Adolescents, Part B |
| January: | 7. Opioids, Naloxone Kits 8. Threat Assessment: Assessing the Risk for Targeted Violence In Youth |
| February: | 9. ACE Score: What do we do with it? 10. Concussions, Post-Concussion Syndrome, and Mental Health in Children and Youth |
| March: | 11. The Gut-Brain Connection: Obesity, Inflammation, Microbiome and Mental Illness12. Youth Sexual Assault/Abuse: Understanding the Impact on the Youth Survivor and the Helper |
| April: | 13. The Healing Value of Relationship with Self & Others 14. Youth Sexual Assault/Abuse: Managing the Crisis Phase |
| Мау: | 15. Medications Update Series: Prescribing Practice for ADHD, Anxiety, Depression in Children and Youth Part 2: Anxiety and Depression16. Youth Sexual Assault/Abuse: After the Crisis Phase—More Healing Strategies |



Register online at:

http://www.albertahealthservices.ca/info/Page4723.aspx



Free* and Accredited/Certified

Managing Child and Adolescent Mental Health Issues in a Primary Care Setting. Healthy Minds/Healthy Children (HM/HC) Continuing Professional Development (CPD) program supports Alberta primary care providers' efforts to meet the mental health needs of children and adolescents. The CPD program is intended for primary care practitioners who see children and adolescents with mental health problems.

Objectives: 1. To increase the skills and confidence of primary care practitioners to effectively address the mental health needs of their young patients; 2. To promote inter-professional dialogue among health care providers treating or working with child and adolescent mental health problems

The courses are ideal for professionals that provide services to children or youth with addiction or mental health issues including: *Doctors, Nurses, Social Workers, Psychologists, Counsellors*.

Certified: This event is an Accredited Group Learning Activity (Section1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. Participants can claim up to a maximum of 32 study credits. Physicians, claiming your credits: Visit MAINPORT https://mainport.royalcollege.ca to record your learning and outcomes. This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 32 Mainpro+ credits. Accredited for Alberta Social Workers up to 32 Category A continuing competence credits. Variable credits per course awarded by Canadian Counselling and Psychotherapy Association

* Free for Professionals in Alberta

For more information:

Call: 403-955-4642 Visit: www.hmhc.ca Email: hmhc@ahs.ca Courses are on a first come, first served basis. For more information, call 403-955-4642, visit www.hmhc.ca, or email hmhc@ahs.ca.