

Adverse Childhood Experiences (ACEs) – Resource List

Background and History of ACEs, brain development and toxic stress

1. The Adverse Childhood Experiences Study
<http://acestudy.org/>
<http://www.cdc.gov/violenceprevention/acestudy/>
2. Video Presentation: Rob Anda - The Progressive Nature of Adverse Childhood Experiences: Building Self-Healing Communities
<http://www.albertafamilywellness.org/resources/video/progressive-nature-adverse-childhood-experiences-building-self-healing-communities>
3. Video Presentation: Rahil Briggs – Using the ACE Questionnaire in Practice
<http://www.albertafamilywellness.org/resources/symposium-presentations/2014>
4. Other 2014 Symposium Presentations related to ACEs, maltreatment, addictions, etc.
<http://www.albertafamilywellness.org/resources/symposium-presentations/2014>
5. Alberta Family Wellness Initiative (Norlien Foundation)
<http://www.albertafamilywellness.org/>
6. ACEs too High Website – examples of implementation
<http://acestoohigh.com/>
7. ACEs Wikipedia Summary
http://en.wikipedia.org/wiki/Adverse_Childhood_Experiences_Study
8. The Effects of Childhood Stress on Health Across the Lifespan – Nadine Burke Harris
<http://www.nsvrc.org/publications/reports/effects-childhood-stress-health-across-lifespan>

Podcasts and Media

1. Centres for Disease Control and Prevention
<http://www2c.cdc.gov/podcasts/player.asp?f=4504243>
2. Nadine Burke Harris – How childhood trauma affects health across the life span
http://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

Resources to help explain Brain Development and ACEs

(suitable to share with Children, Youth, Families or Other Professionals)

1. Risk and Reward: The Core Story of Healthy Brain Development
<http://www.albertafamilywellness.org/resources/video/risk-and-reward-core-story-healthy-brain-development>
2. How Brains are Built
<http://www.albertafamilywellness.org/resources/video/how-brains-are-built-core-story-brain-development>
3. Serve and Return
<http://www.albertafamilywellness.org/resources/video/serve-and-return>
4. Toxic Stress
<http://www.albertafamilywellness.org/resources/video/toxic-stress-0>
5. Executive Function
<http://www.albertafamilywellness.org/resources/video/executive-function>
6. Brain Architecture
<http://www.albertafamilywellness.org/resources/video/brain-architecture>
7. Brain Hero
<http://www.albertafamilywellness.org/resources/video/brain-hero>